

Science Required Practicals

Front Flap: Practical Name

Under Flap: Aim, Method, Variables, Diagram, Common exam mistakes

English Language Techniques

Front Flap: Technique e.g. metaphor

Under Flap: Definition, effect on reader, short example,

English Literature

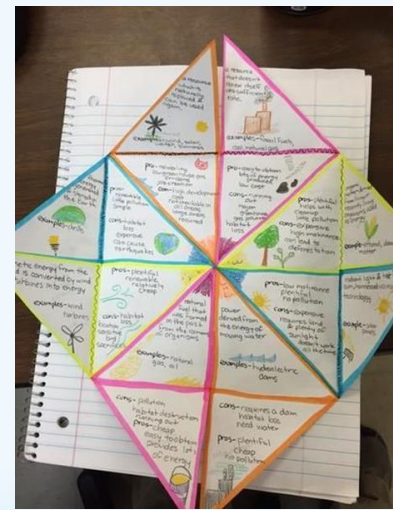
Front flap: A character e.g. Mr Birling

Under Flap: Key quotes, themes, character development, an exam question

Maths Key Skills

Front Flap: Skill e.g. Fractions

Under Flap: Method with example e.g. Adding Fractions, Multiplying Fractions



Foldables

A foldable helps to organise information into structured sections. They combine note taking, summarising and active recall.

FLASHCARDS

Keep them simple

One fact, formula or question per card

E.g. What is photosynthesis?

Use Active Recall

Try to answer from memory

Avoid flipping too early

Add visuals and colour

Dual coding (words and pictures) improves retention

Test yourself both ways

Swap around question and answer

Keep a “difficult” pile

Separate cards you get wrong into a small pile

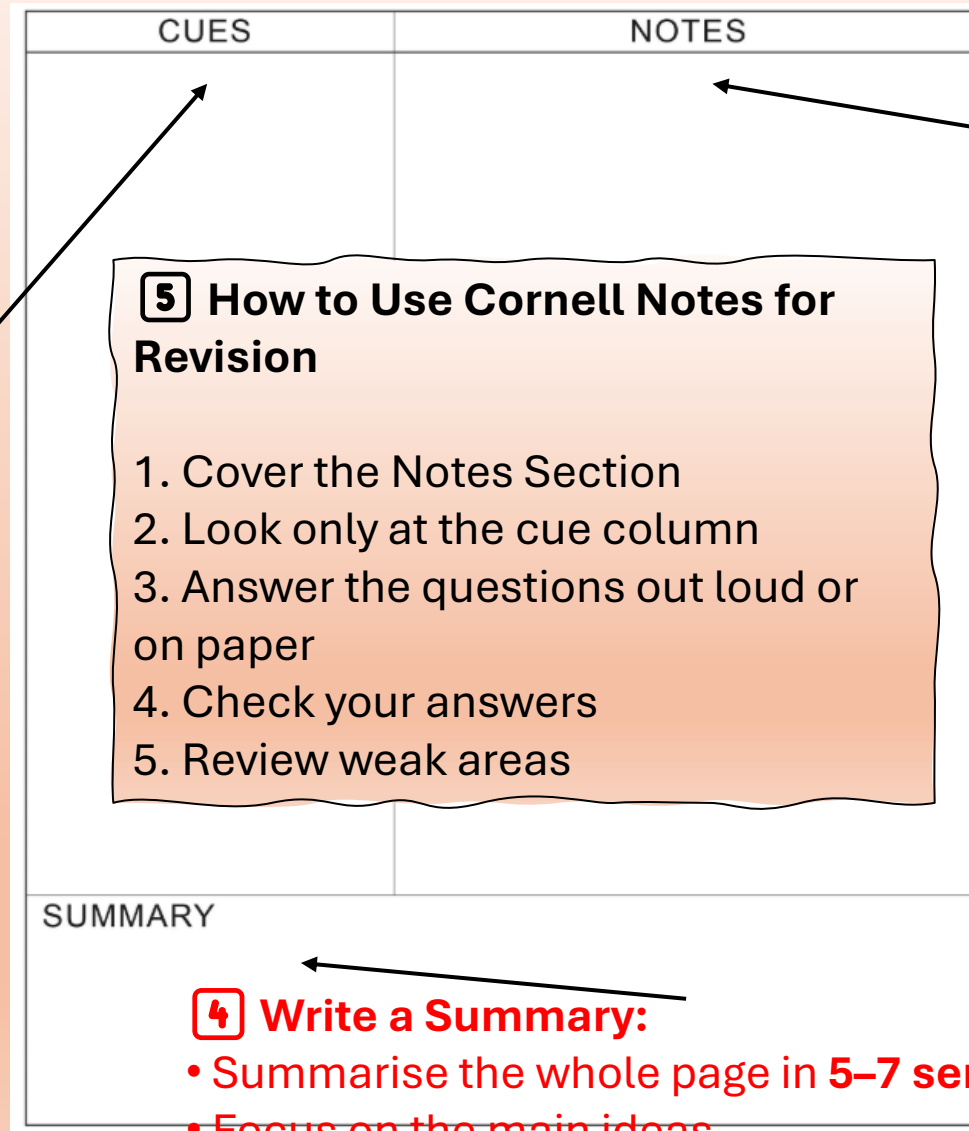
Focus more time on them

Keep them handy

Quick bursts of revision add up over time.

Cornell Note Taking

1 Set up your page correctly - 3 sections



3 After Revising: Create Questions

Turn your notes into:

- Questions
- Keywords
- Triggers
- Definitions to recall

2 During Revision: Fill in the Notes Section

- Key concepts
- Definitions
- Diagrams
- Examples
- Important formulas
- Bullet points instead of full paragraphs
- ✓ Keep it concise
- ✓ Highlight or underline key terms

4 Write a Summary:

- Summarise the whole page in **5-7 sentences**
- Focus on the main ideas

5 How to Use Cornell Notes for Revision

1. Cover the Notes Section
2. Look only at the cue column
3. Answer the questions out loud or on paper
4. Check your answers
5. Review weak areas

Practice Questions

Revision Power Hour

Plan

- Choose one topic. Select specific past questions. Set a target e.g. answer 2x 6-mark questions



0 - 5
mins

Timed Practice

- Answer questions under exam conditions. No notes. Stick to time limits.



5 - 40
mins

Mark and Improve

- Use the mark scheme. Highlight missed points. Add corrections in a different colour.



40 - 55
mins

Reflect

- What did I lose marks on? Was it knowledge or technique? What topic needs more revision?



55 - 60
mins



Explain tricky topics in simple ways



Create practice questions and quizzes



Help you plan revision timetables

AI works best as a support tool, not a replacement for studying.

Using AI to Revise



Summarise notes into key points



Check your understanding with feedback



Instant Explanations

Personalised Support

Efficient revision

Practice questions on demand

Available anytime

Risk of over reliance

Can be wrong or misleading

Passive learning

Less critical thinking

Not always exam accurate

Prompt Type	Example Prompt (things to type into AI)
Simple Explanation	Explain [topic] for a GCSE student using simple language and give real-life examples.
Revision Summary	Summarise the key points of [topic] for GCSE revision in 5–7 bullet points.
Quiz Me	Create a short quiz with 5 GCSE-level questions on [topic]. Do not give the answers
Key Vocabulary	List the key vocabulary for GCSE [subject/topic] and explain each word simply.
Practice Questions	Generate 5 GCSE exam-style practice questions on [topic] with answers.



Use AI to support learning, not replace it



Always double-check facts with your teacher/textbook



Use AI as a tutor, not a shortcut

Making the Most of the Final Weeks

Active Recall

- Test yourself constantly e.g. using flashcards
- Write everything you remember on a topic
- Use apps like Quizlet

Prioritise

- Make a quick list: Strong/Medium/Weak topics
- Spend more time on weaker topics

Do Timed Past Papers

- Simulate real exam conditions e.g. timed, no notes
- Mark using markschemes and look for patterns in mistakes

Interleave Subjects

- Mix topics/subjects in a day
- Interleaving strengthens memory

Teach Someone

- Teach a friend, family member or even your wall!
- Record yourself explaining topics

Focus on exam technique

- Learn command words
- Practice structuring answers



Try the Pomodoro Technique



Pick a task



Work for 25 minutes



Take a 5-minute break



Repeat 4 times



Take a longer break

Adapt the times
and number of
cycles to suit you.

Preparing for Exam Days

<p>KNOW THE JCQ REGULATIONS</p> <ul style="list-style-type: none">• Go through your exam pack• Read through the JCQ exam regulations again and ensure you understand them	<p>KNOW YOUR EXAM TIMETABLE</p> <ul style="list-style-type: none">• Know your exam timetable and what is coming up• Check it regularly• Make sure you know the start times	<p>DO LIGHT REVIEW REVISION ONLY</p> <ul style="list-style-type: none">• Go over key facts, flashcards and topic summaries• Avoid last minute cramming
<p>PLAN YOUR EXAM STRATEGY</p> <ul style="list-style-type: none">• Know roughly how long to spend per question• Decide what you'll do if you get stuck (move on, come back)• Read instructions carefully	<p>PREPARE THE NIGHT BEFORE</p> <ul style="list-style-type: none">• Set your alarm with plenty of time in the morning to wake up!• Organise any equipment to take e.g. water bottle• Aim for a full night's sleep• Avoid late night revision	<p>ON THE MORNING</p> <ul style="list-style-type: none">• Be ready to leave the house on time• Don't skip breakfast - go for slow-release energy e.g. toast• Stay hydrated
<p>GET ORGANISED IN SCHOOL</p> <ul style="list-style-type: none">• Check the seating plan board• Empty your pockets/ store all unauthorised devices in your named wallet• Visit the toilet	<p>BE VISIBLE</p> <ul style="list-style-type: none">• Make sure staff know where you are• Be ready to go to the exam room on time	<p>MANAGE EXAM NERVES</p> <ul style="list-style-type: none">• Take slow, deep breaths• Remind yourself: nerves = your body preparing to perform• Avoid panicking conversations with others