

Making the Most of the Final Weeks

Active Recall

- Test yourself constantly e.g. using flashcards
- Write everything you remember on a topic
- Use apps like Quizlet

Prioritise

- Make a quick list: Strong/Medium/Weak topics
- Spend more time on weaker topics

Do Timed Past Papers

- Simulate real exam conditions e.g. timed, no notes
- Mark using markschemes and look for patterns in mistakes

Interleave Subjects

- Mix topics/subjects in a day
- Interleaving strengthens memory

Teach Someone

- Teach a friend, family member or even your wall!
- Record yourself explaining topics

Focus on exam technique

- Learn command words
- Practice structuring answers



Try the Pomodoro Technique



Pick a task



Work for 25 minutes



Take a 5-minute break



Repeat 4 times



Take a longer break

Adapt the times
and number of
cycles to suit you.