

TOP TIPS FOR GETTING STARTED

-  **Before making a timetable, list all the subjects to be revised and break this down into smaller topics.**
 - RAG rate each topic
 -  Green = confident
 -  Amber = okay
 -  Red = weak
-  **Decide how much time is realistic.**
 - Start with 1 or 2 30-minute blocks on school nights to begin with and build up over time
 - 3 - 4 hours over a weekend day
 - Quality over quantity*
-  **Build a simple weekly timetable.**
 - Plan one week at a time
 - Max 2 - 3 subjects per evening
 - Rotate subjects
 - Add a catch up/flexible slot per week
 - Keep it visible. Pin it on the fridge so all the family can see and support.
-  **Use a start small strategy.**
 - Use a 15 – 20 minute timer
 - Pick one small topic (not a whole subject)
 - Stop when the timer ends
 - Small wins build confidence*
-  **Create a study space.**
 - Quiet
 - Phone in another room - no distractions
 - Water/snacks
 - Clear desk
-  **Make revision active.**
 - Use active methods such as mind maps, flashcards, practice questions
 - Try teaching a family member
 - Accept revision feels hard – it means the brain is working*
-  **Review the plan weekly.**
 - What worked?
 - What didn't?
 - What needs more time?

1. Put the main topic in the centre.

Write it clearly and make it stand out so you always know what the mind map is about.

2. Use key words, not full sentences.

Short words or phrases are quicker to read and easier to remember.

3. Split ideas into branches.

Put main ideas on bigger branches and add smaller branches for details and examples.

A mind map is a way to organise ideas visually around one main topic

4. Use colour, symbols, or pictures.

These help you see links between ideas and make the mind map more memorable.

5. Keep it neat and easy to follow.

Leave space between ideas and don't overcrowd the page so it's useful for revision.

