



Willow Bank School

Personal Development

Curriculum Maps

Careers Education

	Term 1	Term 2	Term 3
1 st Half-term	<u>Personal development and overcoming challenges</u> - Exploring personal strengths for employment - Recognising and building personal skills - Recognising skills for success in the workplace - Staying positive (resilience) - Exploring different post 16 pathways and courses. - Work Experience Week	<u>Finding and preparing for employment</u> - Interview skills - Interview success - CV writing - Understanding behaviour at work - Career action plan - PS@16	<u>Transition: Post 16 continued</u> - Writing CVs and personal statements - Writing a job application - Exploring employability skills - PS@16
2 nd Half-term	<u>Building key skills to do well at work</u> - Transferable skills - Applying for post 16 -PS@16 online - Exploring different job sectors and roles - Labour Market Information - Setting goals-strengths and aspirations - Listening and speaking (communication skills) - Careers Fair	<u>Transition: Post 16</u> - Planning a bus route to college/provider - Research into colleges/providers and the services they offer - Applying for jobs - PS@16 - Mock Interviews	<u>GCSE EXAMS</u> - Preparation for college activities - Catch up for CV writing - Catch up for applying for jobs - Employability games - Visit useful websites: - Careers BBC Bitesize - Explore Careers - National Careers Service

Citizenship

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1st Half-term	Rules and Laws • What are rules? • What are laws? • How are laws made? • Civil law • Criminal law	Family and School • Family structures • Education system	Employment • Looking for work • Fairness at work and trade unions • Working for a living • Losing your job	Community • Coming to Britain • Identity • Equality in Britain	Government • National government • Local government • European government	Environment • Climate change • Choices for the future
2nd Half-term	Human Rights • What are human rights? • Human rights law • International human rights	Media • The power of the media	Making a Difference • Voting and elections • Party politics • Campaigning	Economy • Managing the economy • World trade • Poverty	Consumer Law • Consumer rights • Consumer complaints	Environment • Climate change • Choices for the future

Craft Enterprise

	Term 1	Term 2	Term 3
1st Half-term	Introduction Introduction to the aim of the sessions. Identify areas of demand for sales e.g. presents, seasonal ideas Introduce techniques - quilling, cross stitch, paper folding. Focus on using existing materials. Recycled paper notebooks, coasters, cards and decorations	Spring Items Spring related items - gardening, seasonal items. Continuing to design and creating sustainable products. Skills - tie dye, decoupage, sewing machine Set up stall for school events / parents' evenings. Contact local businesses to showcase items for sale. Student led-ideas e.g. comic book magnets, beeswax food wraps, bands	Stall Preparing for face to face selling Assign roles Skills - sewing, fuse beads and completing unfinished items (mix of skills) Plan for setting up stall, marketing, signs Making fuse beads for old jars, lavender eye masks, wind chimes
2nd Half-term	Setting up online spaces Photos for Etsy and website. To continue to make items. Use student interests to lead this. Skills - sewing, machine sewing, applique. Upcycling and using scraps of materials Christmas cards, banners, gift bags	Spring/Summer Items Photos for Etsy and website. To continue to make items. Exams-relaxing materials. Skills - refashioning and creating containers, painting, sewing. Directed by student interest. Contact local businesses for sales opportunities to showcase items for sale. Beauty products- Relaxing bath salts, lip balms and bath bombs	Review Review of skills learnt. Student feedback Customer feedback Skills - revisiting techniques that students want to try/improve/enjoy most Face to face selling opportunity.

Duke of Edinburgh (Y10)

	Term 1 (Year 10 only)	Term 2	Term 3
1st Half-term	Introduction to the DofE Award Introduction to the award and sections Record keeping eDofE Expedition Requirements and process planning Introduction to Maps: • Grid References • Symbols • Scale • Contours. • Setting the Map • Taking Bearings Section planning: Skill (6 months) - to finish end of Spring Y10	Expedition Cooking • Planning • Food • Menu Use of Trangias Hygiene and equipment Skill section support and continuation	Expedition Route planning Risk assessments Equipment and kit list Packing rucksack Back packing Tents, Sleeping bags Trangias and safety Inclement weather: Camping Hiking Skill section support and continuation
2nd Half-term	Expedition First Aid • Recovery position; Resuscitation • Safe use of an AED • Choking • Head Injuries • Cuts, grazes and bruises • Nosebleeds • Minor burns and scalds • Fractures and dislocations • Sprains and strains • Hypothermia, Heat Exhaustion • Bites and Stings • How to deal with emergencies (Emergency Aid qualification)	Navigation • Terrain • Maps and Compass • Navigation techniques Access and conservation 'Country Code' Outdoor navigation Day trip to Ullesthorpe campsite - practice navigation and campcraft One day practice hike with kit	Project preparation and planning Route and menu planning for the Qualifying Expedition Qualifying Expedition (June – post exams)

Outdoor Learning - Forest Schools

	Term 1	Term 2	Term 3
1st Half-term	• Introduction to Forest School site at WB • Prepare, tidy and set up site • Set up tarps/den/seating area/fire pit • Learn about trees (leaf rubbing/ID/clay faces) • Berry bashing • Harvest willow • Dreamcatchers • Knots and lashings • Peg carving • Fire and cooking skills (pumpkin soup) • Halloween crafts	• The (Easter) egg hunt • Cooking and fire skills • Tools – bowsaws and palm drills • Whittling (pegs/pencils) • Spider catcher • Dreamcatcher • Ropes and knots • Nature photo frames • Charcoal writing	• Tarps and den making • Rainbow stick • Kelly kettle • Nature walking stick • Wood/stick collecting • Leaf mobile • Bottle top curtain • Minibeasts/bug hotel • Tools – Loppers and secateurs (Elder beads) • Fire skills
2nd Half-term	• Den building using sticks/tarps/ropes • Knots and lashing work • Christmas crafts • Willow weaving/stars • Wreath making • Harvest herbs • Make smudge bundles • Conkers! • Making natural games • Senses scavenger hunt • Fire and marshmallows	• Bird feeders • Clay/woodland creatures • Natural shelters • Fire and cooking • Kelly Kettle • Windchime/xylophone (tools) • Scavenger hunt • Minibeasts/bug hotels • Gods eyes/dream catchers • Tool work	• Elder beads • Berry bashing • Knots and dens/shelters • Worms! • Bug hotels • Foraging/collecting • Mandala art • Wild storyboards • Clay bugs • Tool work

Outdoor Learning - Gardening

	Term 1	Term 2	Term 3
1st Half-term	• Introduction to Outdoor spaces and garden at WBS • Introduce community gardening with Tracey from Magpie CC (weekly sessions throughout year planned jointly with TI) • Safety talks • Introduce gardening tools and equipment • Art activities: Willow weaving (God's eyes/dream catchers/stars) • Making smudge bundles • Harvesting / Plan crop rotation / Sow/plant over wintering crops/plant bulbs • Sow green manure / Mulch beds • Turn / collect compost • Collect and store seeds/dried flowers	• Preparing raised beds with mulch/manure/compost/leaf mould • Seed sowing • Planting out young veg/plants • Weeding • Cutting back/tidying • Art activities: Making scarecrows/spider catchers • Making homes for wildlife • Bird feeders • Set up water butts	• Planting • Sowing • Weeding • Harvesting • Cooking • Maintenance of crops (erecting wigwams, tying up, weeding, tackling pests and diseases) • Worm ID and wormery • Foraging/collecting • Plant sales • Art activities: Making elder beads
2nd Half-term	• Turn and bag compost/leaf mould • Collect/store seeds • Harvest veg/fruit/willow/conkers • Carry out maintenance/clear beds/borders • Take cuttings • Halloween/Christmas crafts (wreaths) and weaving	• Seed sowing • Plant young veg/herbs/fruit • Earth up potatoes • Make plant labels • Art activities: Cordage (nettle/bramble) • Making minibeast/bug hotels	• Maintenance of crops in raised beds • Harvesting of crops • Collect and store seeds

Relationships and Sex Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1st Half Term	Healthy Relationships • Friendships • Romantic relationships • Healthy relationships- Characteristics • Marriage • Civil Partnership • LGBTQ+ relationships	Online Media • What do we see in the media? • Social Media • Media perceptions • Media relationships • Over sexualisation of Media	Sexual Health • Physical and emotional effects of puberty • Puberty in females • Puberty in males • Reproductive systems • Menstrual Cycle • Menopause • Human development	Relationships • Healthy relationships • Unhealthy relationships • Romantic • Grooming • Domestic abuse • Online relationships • LGBTQ+	Keeping Safe Online • Media perceptions • Social media • Sexting • Online Safety • Online abuse	Sexual Health • Concept of sex • Sexual consent • Contraception • Sexually transmitted infections • HIV/AIDS • Consequence and support for STIs • Application of knowledge to scenarios
2nd Half Term	Unhealthy Relationships • Unhealthy relationships- characteristics • Manipulation • Emotional abuse • Grooming • Domestic abuse • Unwanted attention • Harassment and stalking • Peer pressure • Alcohol and drug effects on relationships	Online and Media • Positive online relationships • Negative online relationships • Sexting • Image based and digital sexual abuse	Sexual Health • Contraception • Sexually Transmitted Infections • Parenthood • Adoption/fostering • Accessing services	Sexual Health & Fertility • Reproductive systems • FGM • Menstrual Cycle • Pregnancy • Abortion • Infertility • Adoption/Fostering • Divorce	Sexual Health • Impact of pornography • Image based sexual violence • Sexual and gender based violence • Challenge victim blaming language	Recap of highlighted topics plus any others which feel appropriate.

Religious Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1 st Half-term	Buddhism Beliefs and teachings & Practices Buddha and enlightenment The Dhamma The Noble Truths Application of faith Worship Attitude to death and morning Significant places Festival: Vesak	Judaism Beliefs and teachings & Practices The divine presence and The Messiah Nature of God Promised Land Rituals and dietary laws Workshop and Prayer Tenakh (The Written law) Festival: Yom Kippur	Islam Beliefs and teachings & Practices Core beliefs Nature of Allah Kutub (Books) Hajj and fasting Importance of practice and worship Akhirah (Life after death) Festival: Eid ul Fitr	Good and Evil - Personal beliefs and key vocabulary - Natural evil and moral evil - Buddhism - dukkha, karma and samsara - Hinduism- karma and moksha - Moral dilemmas - Judaism - G-d and free will. Story of Job - Christianity - Problem of evil. Nature of God - omnipotence and omniscience. - The existence of God, gods and the ultimate reality - Dialogue between religious and non-religious beliefs and attitudes Synoptic study of the above themes	Religion, Peace and Justice - Social Justice - Just War Theory and Thomas Aquinas - Pacifism - Justice and Punishment - Parable of the Sheep and Goats - Religion and Human Rights - Amnesty International - Write for Rights Campaign - The existence of God, gods and the ultimate reality - Religion, peace and conflict - Dialogue between religious and non-religious beliefs and attitudes Islam & Christianity Synoptic study of the above themes	Religion and Science - Animal Testing - Buddhism and Science - Christianity, stewardship and animal rights - Hinduism and Science - Islam and Science - Moral dilemmas - The existence of God, gods and the ultimate reality - Dialogue between religious and non-religious beliefs and attitudes Buddhism, Christianity, Hinduism & Islam Synoptic study of the above themes
2 nd Half-term	Hinduism Beliefs and teachings & Practices Eternal Self The cycle of birth, life and death Karma Ways of living Approaching deity Ethical concerns Festival: Diwali	Christianity Beliefs and teachings & Practices Nature of God Biblical accounts The Trinity Worship and Sacraments Jesus Christ The role of the Church and pilgrimage Festival: Easter	Sikhism Beliefs and teachings & Practices Basic Belief The Scriptures and Authority Founders of Faith The five Ks Beliefs about the nature of human life Workshop, service and lifestyle Ceremonies Festival Vaisakhi			

	Term 1 Autumn Y10	Term 2 Spring Y10	Term 3 Summer Y10	Term 4 Autumn Y11	Term 5 Spring Y11	Term 6 Summer Y11
1st Half-term	Any Year 10 students identified as benefitting from following the Talkabout programme from an earlier start time than in Y11 will follow the same programme as Y11 but at a slower pace to allow further exploration of each topic.			Self-Awareness and Self Esteem Topic 1 – This is me Topic 2 – My qualities and strengths Topic 3 – The way I look Topic 4 – Things that make me feel good Topic 5 – Things that bring me down Topic 6 – The way I feel	Talking Topic 1 – Talkabout talking Topic 2 – Listening Topic 3 – Our voices Topic 4 – Conversation starters Topic 5 – Taking turns Topic 6 – Questions Topic 7 – Ending a conversation	Assertiveness Topic 1 – Understanding assertiveness Topic 2 – Expressing feelings Topic 3 – Making suggestions Topic 4 – Disagreeing Topic 5 – Refusing Topic 6 – Apologising Topic 7 – Being assertive
2nd Half-term				Body Language Topic 1 – Talking without words Topic 2 – Our faces Topic 3 – Our bodies Topic 4 – Our hands Topic 5 – Distance and Touch	Friends Topic 1 – Introducing friends Topic 2 – Trust and responsibility Topic 3 – Valuing others Topic 4 – Being nice Topic 5 – When friendships go wrong Topic 6 – Arguments Topic 7 – Peer pressure Topic 8 Jealousy	End of programme evaluation Topic 1 – What have I gained from the programme? Topic 2 – How can the skills I have developed help me as I move into adulthood? Topic 3 – Thinking about post-16 study and work