

Week Two



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Stuffed Peppers	Beef Lasagne	Sausage and White Bean Casserole	Chicken Tika Masala	Fish Cake with Melting Middle
Vegetarian Main Meal	Stuffed Peppers	Vegetable Lasagne	Courgette and White Bean Casserole	Mild Vegetable and Lentil Curry	Vegi Burgers
Served with	Couscous Salad Bar	Green Beans Broccoli	Mashed Potato Carrots Cabbage	Rice Broad Beans Leeks	Chips Peas and sweetcorn
Soup	Minestrone	Carrot and Coriander	Tomato	Courgette and Spinach	Thai Vegetable Noodle
Main Pudding	Lemon Tart	Blackberry and Apple Pie	Tiramisu	Strawberry Flummery	Blueberry Pudding
Snack Pudding	Fresh Fruit Salad Yoghurts Jelly	Fresh Fruit Salad Yoghurts Jelly	Fresh Fruit Salad Yoghurts Jelly	Fresh Fruit Salad Yoghurts Jelly	Fresh Fruit Salad Yoghurts Jelly



Gluten Free, Dairy Free
and Vegan Options
available daily

