











Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetarian Chilli	Cottage Pie	Chicken Fricassee	BBQ Pulled Pork	Fish Fingers
Vegetarian Main Meal	Vegetarian Chilli	Shepherd less Pie	Quorn Fricassee	BBQ Jackfruit	Vegetable Fingers
Served with	Nachos Salad Bar	Mashed Potato Carrots Green beans	Rice Broccoli Leeks	Bread Roll Coleslaw Sweet potato Fries	Chips Peas
Soup	Celery	Tomato and Basil	French Onion	Lentil	Creamy Mushroom
Main Pudding	Mango and Coconut Fool	Fruit Trifle	Cornflake Tart	Pavlova	Butterscotch Angel Delight
Snack Pudding	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts







