



Children's Hospital School

Sports Strategy Statement 2023 - 2026

The PE and Sports Premium Grant is dedicated funding provided by the Government to improve the provision and access to Physical Education and sport within schools. This funding is ring fenced for use in PE and sporting activities and schools are held to account as to how this money is spent.

School name	The Children's Hospital School
Sports Premium	£9,000 for the academic year 2024/2025
Academic years covered by statement	2023 - 2026
First Publish date	September 23
Review date	October 24
Second Publish Date	November 24
Review Date	Autumn Term 25
Statement authorised by	Stephen Deadman (Executive Headteacher)
Sports Grant Lead	Nikki Cole (Deputy Headteacher)

Pupil barriers to success

- Acute/chronic medical needs – students face health difficulties impacting on their ability to attend school and engage in PE/Sports
- Mental health challenges – a high proportion of pupils have social, emotional and mental health difficulties
- Reluctance to engage in physical activities
- Pupils with PMLD struggle to access physical activity and often their day is taken up by care
- Short stay pupils at the LRI may struggle to cope with their current health preventing them from accessing Physical activities

Strategy aims

1. For all pupils to be engaged in regular physical activity
2. The profile of PE, Sport and healthy lifestyles is regularly promoted across the primary bases of the school (MLC and LRI)
3. To ensure a range of sports and enrichment activities are offered to all pupils
4. To develop partnerships with sports clubs/associations in the local area to strengthen links with the local community

Aim	Strategy	Impact	Cost
<p>For all Pupils to be engaged in regular physical activity</p>	<p>The Magpie Learning Centre</p> <ul style="list-style-type: none"> • Uplift: Get Active – a weekly slot for Magpie Learners to be involved in physical exercise. Sessions are mapped out across the year to ensure pupils have opportunities for a range of physical activities. • Parklife: KS2 pupils attend the park/outdoor gym (opposite the MLC) once a week as part of break/lunch times • Outdoor Learning lessons where appropriate • Gardening <p>To ensure enough equipment is in place to enable all children to access a range of sports in PE and to encourage pupils to be active at break and lunchtime. This includes:</p> <ul style="list-style-type: none"> • Tennis rackets/tennis balls • Badminton rackets/shuttle cocks/badminton posts and nets • Athletics equipment (indoor javelins/shot puts/discus/relay batons) • Hockey sticks/hockey balls • Cricket bats/soft cricket balls/stumps/tees 	<ul style="list-style-type: none"> • Regular physical activities are part of the MLC KS2 offer establishing a routine and promoting healthy lifestyles • Curriculum map for PE and Enrichment activities ensures pupils are offered a range of sporting activities throughout the academic year. This is reviewed on a termly basis to ensure we meet pupils needs and to give them the opportunity to say what sports they would like to try. Pupils know their voice matters and have a say in what they do thus improving overall motivation for sport. • Opportunities to broaden pupil's access and knowledge of a variety of sports led by Sports Cool (Leicester), Leicester City Football club (LCFC), 'Box it to beat it' (12 week boxing programme) and Leicester Tigers Foundation. • Improved access to a wider range of sports. Introduction to Archery and Handball. Pupils are also given the opportunity to take part in Yoga and <i>Dance and movement</i> (led by qualified sports coaches) • Access to sports during social times allowing pupil's ability to improve participation, promotion of healthy lifestyles, improved confidence and team working 	<p>£5,000</p>
<p>A broad range of sports and activities offered to all pupils</p>	<p>To facilitate timetabled PE and Enrichment activities which are co-ordinated and evaluated by key staff:</p> <ul style="list-style-type: none"> • Messy Senses: Sessions led by Louise Coleman • Ice Skating • Bouldering/Climbing • Fishing <p>Pupils have access to the Wii at break and lunch times for Dance Fit, bowling and various physical games. These sessions are staffed.</p> <p>MLC Sports Day: To host an annual sports day where the focus is on teamwork.</p>	<ul style="list-style-type: none"> • Pupils access a wide range of sporting/enrichment activities. 	<p>£2,000</p>

<p>The profile of PE and healthy lifestyles is raised across Primary bases of the school</p>	<p>MLC</p> <ul style="list-style-type: none"> • Pupils have opportunities to watch live sporting events – Loughborough Lightning Netball, Tigers Basketball, Tigers Rugby, Football, Cricket and swimming. • To develop the outdoor space at MLC for our primary pupils as appropriate - basketball hoops and outdoor board games painted on the ground • Noticeboards at MLC are used to display information and celebrate achievements in sport to raise the profile of PE and Sports • School social media used to promote the importance of PE, Sport and Physical Activity to parents and pupils and celebrate what our pupils do! <p>LRI</p> <ul style="list-style-type: none"> • To develop the LRI PE offer through training and support 	<ul style="list-style-type: none"> • Pupils see sport as a celebration and part of a healthy lifestyle. Sporting achievements and various sporting role models are motivating factors for our learners. • Pupils at the LRI have access to PE activities resulting in improved mental health, participation and experience of new sports (where appropriate) 	<p>£1,200</p>
<p>To develop partnerships with sporting clubs in the local community</p>	<ul style="list-style-type: none"> • Eyres Monsell Community Centre – MLC pupils have access to the gym and are taught how to use the equipment safely • Delivery from external sports specialists to increase participation and allow pupils to access new sporting opportunities (Sports Cool/LCFC/Box it to beat it/Leicester Tigers Foundation) • Martial Arts: For pupils to participate in a taster session with EMMA • Riders/Tigers/LCFC – inspirational sports people to lead a session with pupils. • Everards Meadows: Pupils to attend a visit and walk around EM (local beauty spot) 	<ul style="list-style-type: none"> • A wider and more diverse range of curriculum delivery. • Improved participation from pupils. Exposure to new experiences and increase in fitness/health and wellbeing, resilience and team working skills. 	<p>£800</p>

How do we ensure pupils fully benefit from opportunities in PE, Sport and Physical Activity?

Monitoring and implementation

- PE lessons are timetabled at MLC and LRI as part of the curriculum
- PE and sporting activities are QA through learning walks and School Self Reviews
- Schemes of work show a variety of sports and ways to involve students taking into account their medical needs
- LRI team work closely with NAHE (National Association for Hospital Education) to share good practice on delivering PE in hospital settings
- A dedicated PE/Sports pupil voice is carried out termly - pupils identify activities which they would like to try / continue to have access to
- Attendance records of all pupils participating in sport enrichment activities and sport sessions offered
- Attendance and progress is recorded for all pupils accessing PE lessons and attending sports enrichment activities. This ensures all pupils take part in sporting activities over their placement with us