

# Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chinese Vegetable Stir-fry	Ham & Leek Filo Pie <small>Made with Farm Assured Meat</small>	Lamb and Feta Skewers <small>Made with Farm Assured Meat</small>	Piri-piri Chicken <small>Made with Farm Assured Meat</small>	Kedgeree <small>Made with MCS fish</small>
Vegetarian Main Meal	Chinese Vegetable Stir-fry	Vegetable Filo Pie	Baked Aubergine	Piri-piri Vegetables	Vegetable Rice
Served with	Rice	Carrots Savoy Cabbage New Potatoes	Peas Broad Beans Chips	Sweet Potato Broccoli	Mangetout Leeks
Soup of the Day	Butternut Squash	Thai Noodle	French Onion	Carrot and Lentil	Tomato
Main Pudding	Banana Split	Rhubarb Trifle	Lemon Meringue Pie	Squidgy Chocolate and Pear Pudding	Raspberry Flummery
Snack Pudding	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts	Fresh Fruit Salad Yoghurts



Gluten Free, Dairy Free  
and Vegan Options  
available daily

