



Children's Hospital School

Sports Strategy Statement 2023 - 2026

The PE and Sports Premium Grant is dedicated funding provided by the Government to improve the provision and access to Physical Education and sport within schools. This funding is ring fenced for use in PE and sporting activities and schools are held to account as to how this money is spent.

School name	The Children's Hospital School
Sports Premium	£10,000
Academic year or years covered by statement	2023 – 2026
Publish date	8 th September 2023
Review date	8 th September 2024
Statement authorised by	Stephen Deadman (Head Teacher)
Sports Grant Lead	Nikki Cole (Deputy Head Teacher)

Pupil barriers to success

<ul style="list-style-type: none">• Acute/chronic medical needs – students face health difficulties impacting on their ability to attend school and engage in PE/Sports
<ul style="list-style-type: none">• Mental health challenges – a high proportion of pupils have social, emotional and mental health difficulties
<ul style="list-style-type: none">• Reluctance to engage in physical activities
<ul style="list-style-type: none">• Pupils with PMLD struggle to access physical activity and often their day is taken up by care
<ul style="list-style-type: none">• Short stay pupils at the LRI may struggle to cope with their current health preventing them from accessing Physical activities

Strategy aims

1. For all pupils to be engaged in regular physical activity
2. The profile of PE, Sport and healthy lifestyles is regularly promoted across the primary bases of the school (MLC and LRI)
3. To ensure a range of sports and enrichment activities are offered to all pupils
4. To develop partnerships with sports clubs/associations in the local area to strengthen links with the local community

Aim	Strategy	Impact	Cost
<p>1. For all Pupils to be engaged in regular physical activity</p>	<ul style="list-style-type: none"> • Uplift: Get Active – a weekly slot for children at the Magpie Learning Centre (MLC) to be involved in physical exercise. Sessions are mapped out across the year to ensure pupils have opportunities for a range of physical activities. • Park life: KS2 pupils attend the park/outdoor gym (opposite the MLC) once a week as part of break/lunch times • Outdoor Learning lessons where appropriate • Gardening <p>To ensure enough equipment is in place to enable all children to access a range of sports in PE and to encourage pupils to be active at break and lunchtime. This includes:</p> <ul style="list-style-type: none"> • Tennis rackets/tennis balls • Badminton rackets/shuttle cocks/badminton posts and nets • Athletics equipment • Hockey sticks/hockey balls • Cricket bats/soft cricket equipment 	<ul style="list-style-type: none"> • Regular physical activities are part of the MLC KS2 offer establishing a routine and promoting healthy lifestyles. • Curriculum map for PE and Enrichment activities ensures pupils are offered a range of activities throughout the academic year. This is reviewed termly to ensure we meet pupils needs and to give them the opportunity to say what sports-based activities they would like to try. Pupils have a say in what they do thus improving overall motivation for sport. • Opportunities to broaden pupil's access and knowledge of sports led by Sports Cool (Leicester) and Leicester City Football club (LCFC). • Improved access to a wider range of sports. Introduction to Archery and Handball. Pupils are also given the opportunity to take part in Yoga and <i>Dance and movement</i>. • Access to sports during social times allowing pupil's ability to improve participation, promotion of healthy lifestyles, improved confidence and team working. 	<p>£5,000</p>
<p>2. To develop students understanding of the Olympics</p>	<ul style="list-style-type: none"> • To inform pupils about the history & ethos of the Olympics and Paralympics and how they have evolved over the years. • The Olympics Paris 2024 – to have taster sessions of varied Olympic sports, for example Martial Arts, BMX and skateboarding (including pupil voice of what pupils would like to try/find out more about). 	<ul style="list-style-type: none"> • Pupils have a better understanding of the Olympics and Paralympics, the life of an athlete and Team GB. • Exposure to a variety of Olympic sports adds to their cultural capital, improves their mental health and well-being in addition to improving social skills and confidence. • Increased opportunities to participate and spectate. 	<p>£400</p>
<p>3. A broad range of sports and activities offered to all pupils</p>	<p>To facilitate timetabled PE and Enrichment activities which are co-ordinated and evaluated by key staff. For example:</p> <ul style="list-style-type: none"> • Messy senses • Ice Skating • Bouldering/Climbing • Fishing <p>Pupils have access to the Wii at break and lunch times for Dance Fit, bowling and various physical games. These sessions are staffed.</p>	<ul style="list-style-type: none"> • Pupils access a wide range of sporting/enrichment activities. 	<p>£2,000</p>

	MLC Sports Day: To host an annual sports day where the focus is on team-work.		
4.The profile of PE and healthy lifestyles is raised across Primary bases of the school	<p>MLC</p> <ul style="list-style-type: none"> Pupils have opportunities to watch live sporting events – Loughborough Lightning Netball, Leicester Riders Basketball, Tigers Rugby, Football, Cricket and swimming. To develop the outdoor space at MLC for KS2 pupils as appropriate - basketball hoops and outdoor board games painted on the ground Noticeboards at MLC are used to display information and celebrate achievements in sport to raise the profile of PE and Sports School social media used to promote the importance of PE, Sport and Physical Activity to parents and pupils and celebrate what our pupils do! <p>LRI</p> <ul style="list-style-type: none"> To develop the LRI PE offer through training and support. 	<ul style="list-style-type: none"> Pupils see sport as a celebration and part of a healthy lifestyle. Sporting achievements and role models are motivating factors for our learners. Increased opportunities to participate and spectate. Pupils at the LRI have access to PE activities resulting in improved mental health, participation and experience of new sports (where appropriate). 	£2,000
5. To develop partnerships with sporting clubs in the local community	<ul style="list-style-type: none"> Eyres Monsell Youth Club – MLC pupils have access to the gym and are taught how to use the equipment safely Delivery from external sports specialists to increase participation and allow pupils to access new sporting opportunities (Sports Cool / LCFC) Martial Arts: For pupils to participate in a taster session with EMMA Riders/Tigers/LCFC – inspirational sports people to lead a session with pupils. Everards Meadows: Pupils to attend a visit and walk around EM (local beauty spot) 	<ul style="list-style-type: none"> A wider and more diverse range of curriculum delivery. Improved participation from pupils. Exposure to new experiences and increase in fitness/health and wellbeing, resilience and team working skills. 	£600

How do we ensure pupils fully benefit from opportunities in PE, Sport and Physical Activity?

Monitoring and implementation

- PE lessons are timetabled at MLC and LRI as part of the curriculum
- PE and sporting activities are QA through learning walks
- Schemes of work show a variety of sports and ways to involve students taking into account their medical needs
- LRI team work closely with NAHE (National Association for Hospital Education) to share good practice on delivering PE in hospital settings
- A dedicated PE/Sports pupil voice is carried out half termly - pupils identify activities which they would like to try / continue to have access to
- Attendance records of all pupils participating in enrichment activities and sessions offered
- Attendance and progress is recorded for all pupils accessing PE lessons and attending sports enrichment activities. This ensures all pupils take part in sporting activities over their placement with us