




# Teaching and Learning

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How to support your Child

- ▶ Make wellbeing your first priority
  - ▶ Keep a flexible routine
  - ▶ Give your child some autonomy
  - ▶ Reward their effort and engagement
  - ▶ Keep your goals and expectations realistic
  - ▶ Have a learning space
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- Three parallel white diagonal lines are located in the bottom right corner of the slide, extending from the right edge towards the center.

# FEELING ZONES

## GREEN ZONE – SOCIAL CONNECTION

**Connected**  
**Safe**  
**Focused**  
**Hopeful**  
**Positive**

## AMBER ZONE – FIGHT & FLIGHT

**Unsettled**  
**Tense**  
**On Edge**  
**Wanting to Run**  
**Panicked**

## RED ZONE – FREEZE

**Numb**  
**Shut-down**  
**Exhausted**  
**Disconnected/Alone**  
**Depressed**



# Knowledge Organisers

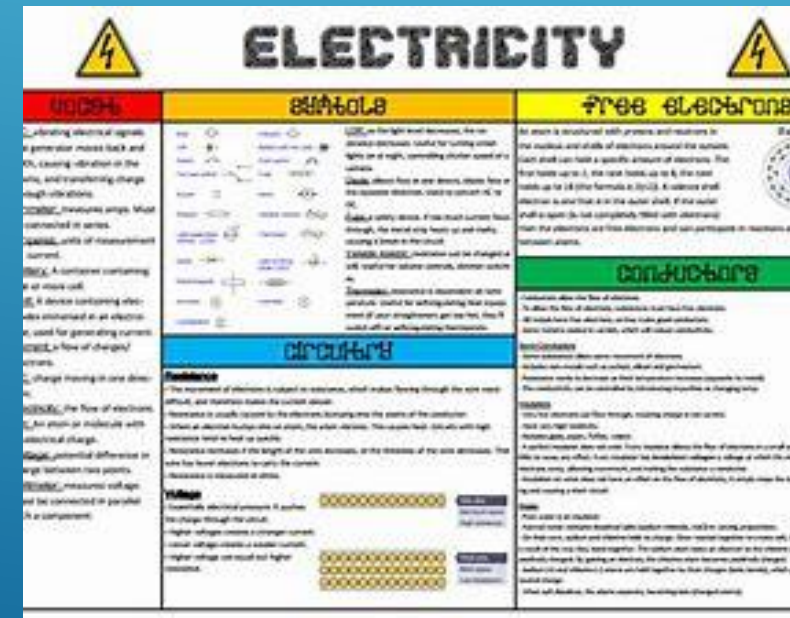
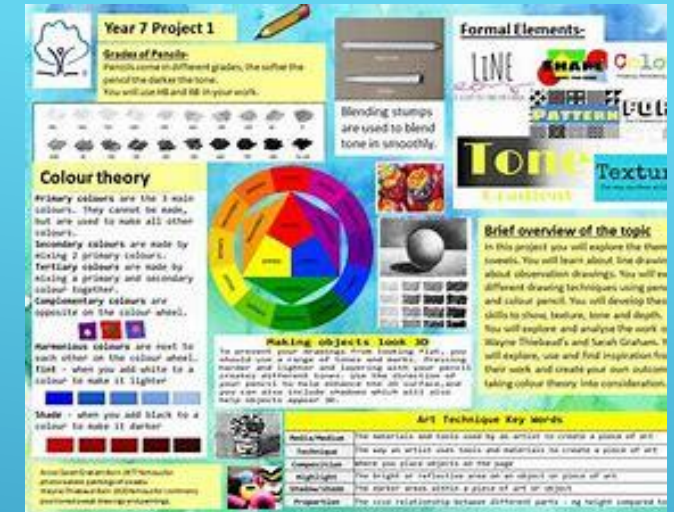
- ▶ Subject and year group dependent
- ▶ Knowledge organisers are a summary of the key facts and essential knowledge that pupils need about a unit of work. **one side of A4** with all the information broken down into easily **digestible chunks**. They only include what's **absolutely crucial**

# Knowledge Organisers

- ▶ The main benefit of knowledge organisers is that they give students and Parents the 'bigger picture' of a topic or subject area. Some topics can be complicated, so having the essential knowledge, clear diagrams, explanations and key terms on one document can be very helpful.
- ▶ Research shows that our brains remember things more efficiently when we know the 'bigger picture' and can see the way that nuggets of knowledge within that subject area link together. Making links, essentially, helps information move into our long-term memory.

- Quiz
- Can you tell me...
- What does.... Mean?

# HOW TO USE THEM...



# How can students use Knowledge Organisers?

1. Transform your knowledge from the KO into another form, e.g. flashcards to self-quiz or create quiz questions
2. Ways to memorise some information: **Look cover write check correct**
3. Self check with a different colour pen



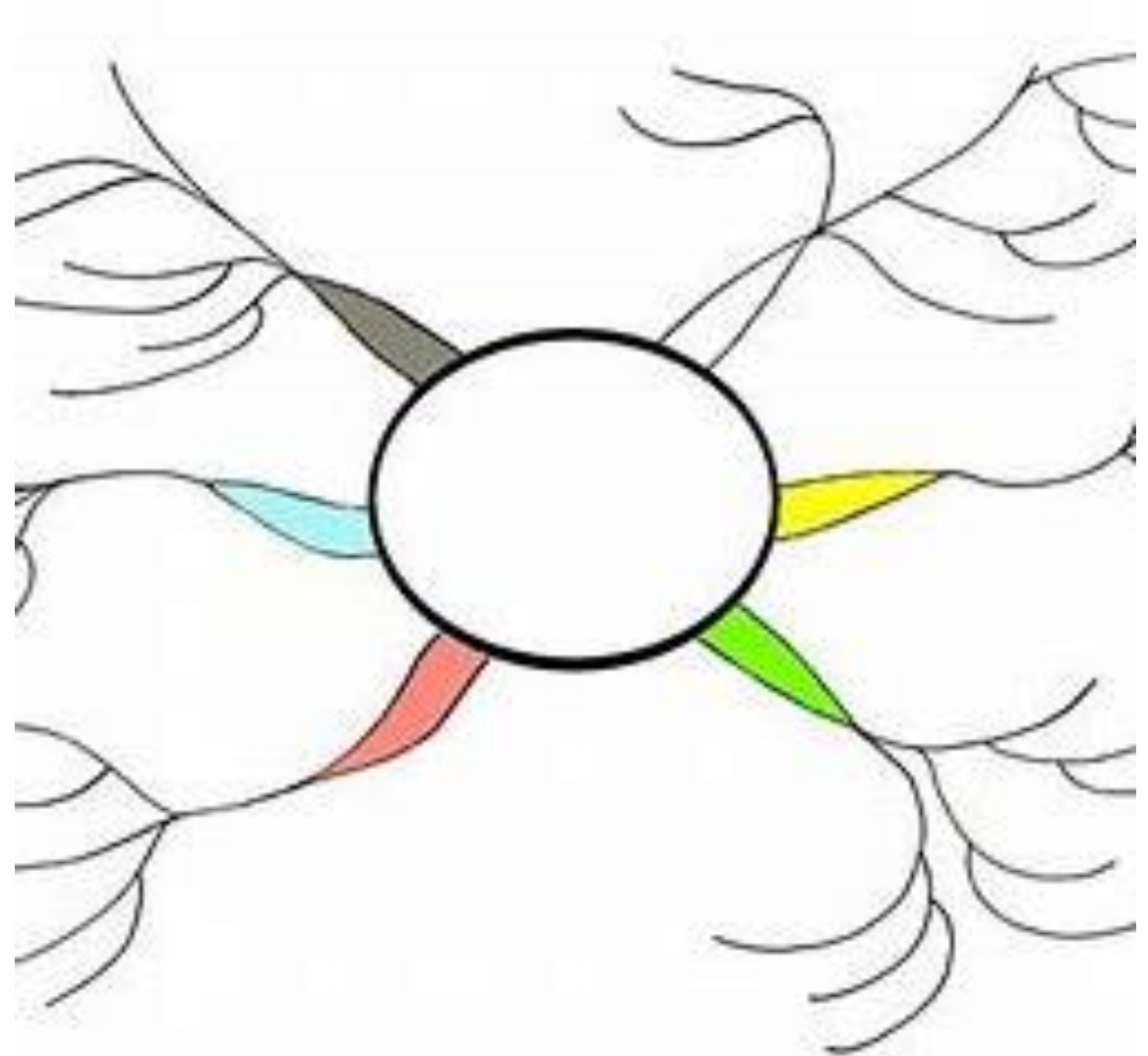
**Questions/Answers**

**Answers/Questions**

# Mindmaps

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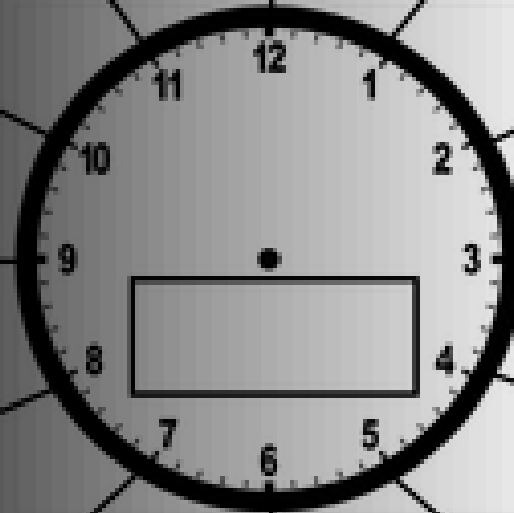
- Mind Mapping is a process that involves a distinct combination of imagery, colour and visual-spatial arrangement.
- The technique maps out your thoughts using keywords that trigger associations in the brain to spark further ideas.
- Once you have made your map, cover it and test yourself on different strands, eg. How much of the blue strand can you recall



# Clock Learning

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- For this technique you draw a basic clock. You can then take a subject or topic and break it down into 12 sub-categories. Make notes in each chunk of the clock.
- Revise each slot for 5 minutes, turn the clock over and then try to write out as much information as you can from one of the segments.
- Eg. all the information in the 2-3pm segment.




# Flashcards

1. To make your own, take some card and cut into rectangles.
2. Write the keyword on one side and the definition on the other. Then go through your cards looking at one side and seeing if you can remember the keyword/definition on the other side.
3. You can put flashcards in an envelope stuck into your workbook. Watch the video here on an even more effective way to use your flash cards

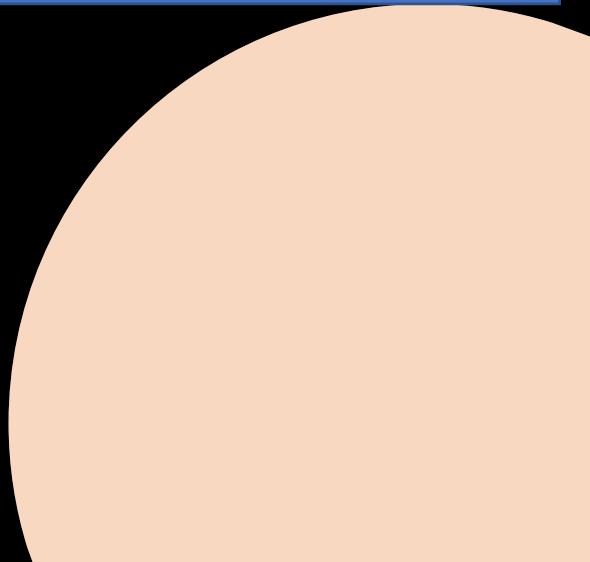
<https://www.youtube.com/watch?v=eVajQPuRmk8>



# Keyword Mnemonics



Make up a sentence where each word starts with  
the same letter as the words you need to  
remember.



A mnemonic is a shortcut to learning or remembering a longer string of information. It can be an acronym, in which each letter of a word stands for a longer part, a rhyme which helps keep something in order, even a longer phrase in which the first letter of each word in the phrase stands for something else.

# Examples of Mnemonics

## 1. The Planets

- Even before the shift in definition that changed the number of planets in our solar system, there was a mnemonic to remember them in order: "My very energetic mother just served us nine pizzas." The first letter of each word stood for: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto. Now that the categorical definition of a planet has changed and Pluto is no longer considered in the same vein as the other eight, the mnemonic has switched to: "My very energetic mother just served us nachos."



Revision aids...



# Français

- Watch French TV/Films (Netflix/SKY/Internet)
- DVD options
- Filmon APP
- Read French Websites of what you are interested in
- Download French Apps to your phone - Games or vocabulary
- Learn vocabulary from your knowledge organisers
- [www.languagesonline.org.uk](http://www.languagesonline.org.uk)



# Film

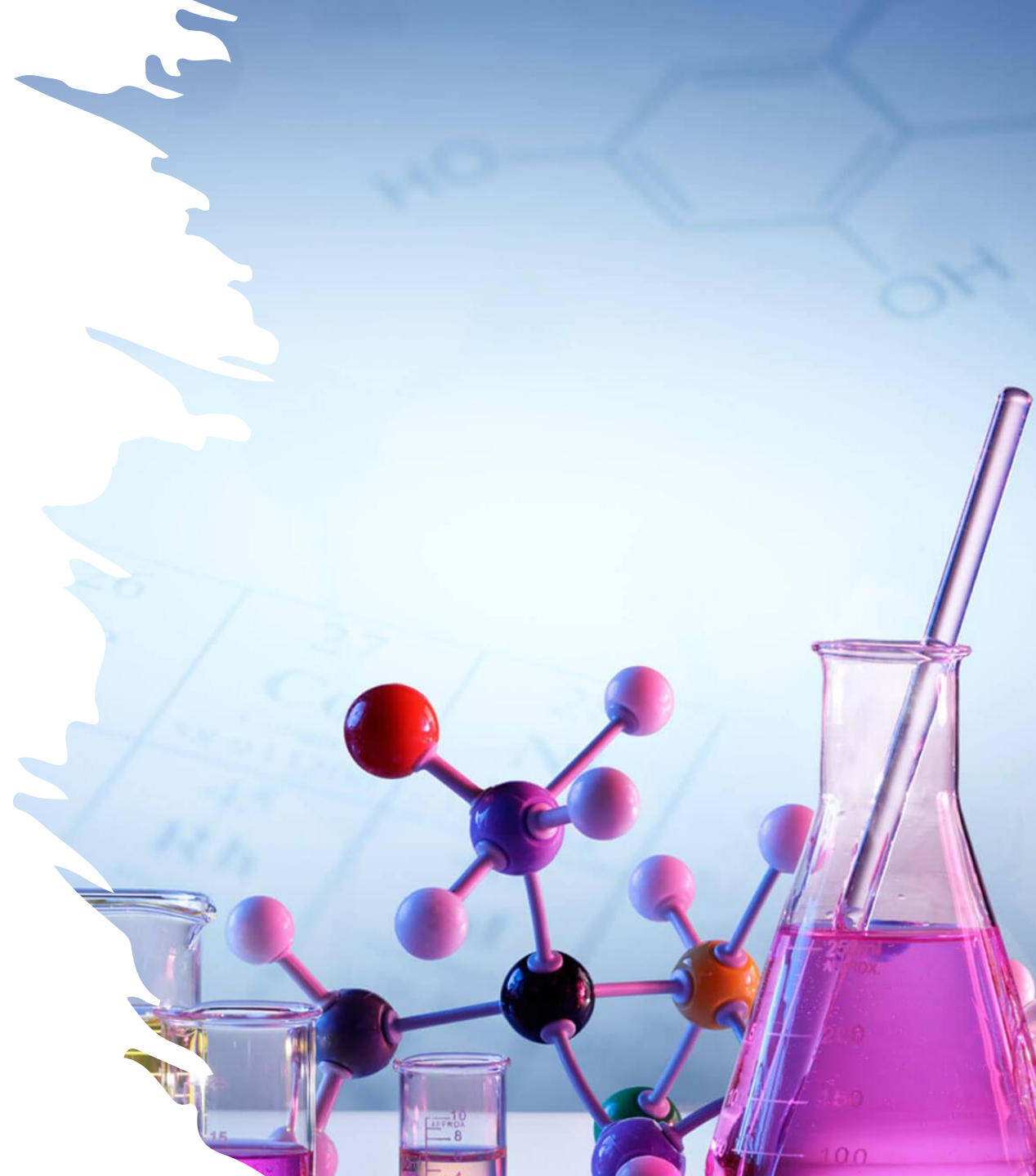
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- Watch the film!
- Read through the study guides provided!
- If parents appreciated how easy it was to improve their child's chances simply by getting them to watch a few films in the evenings, it might make a real difference!



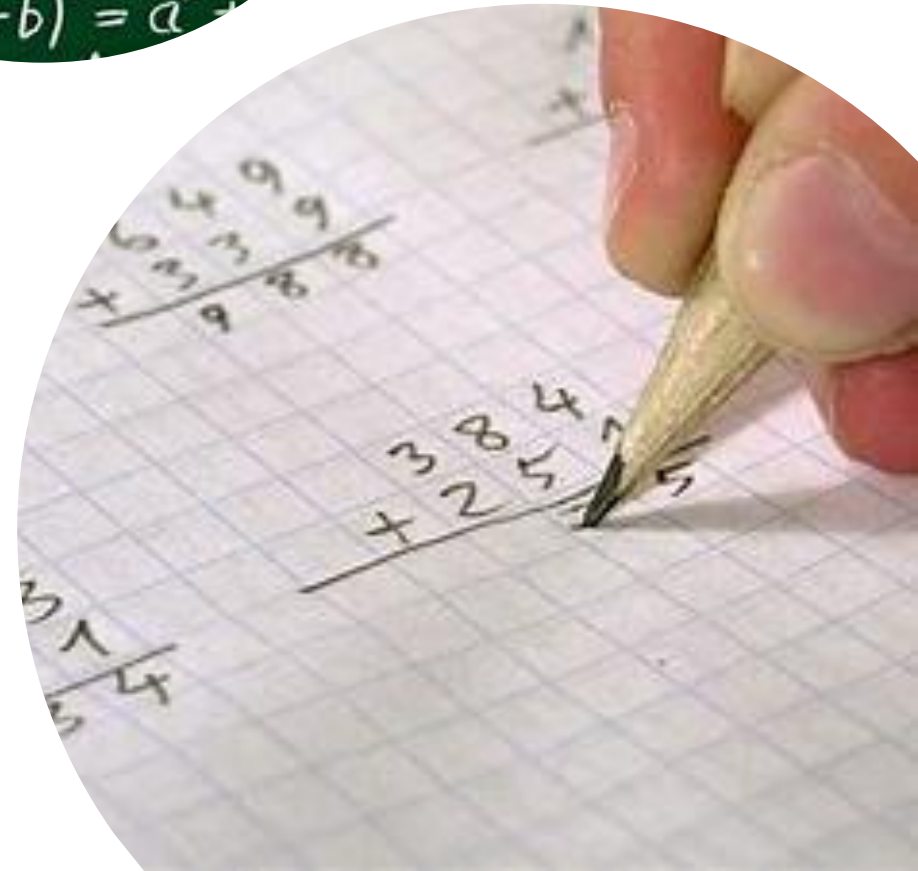
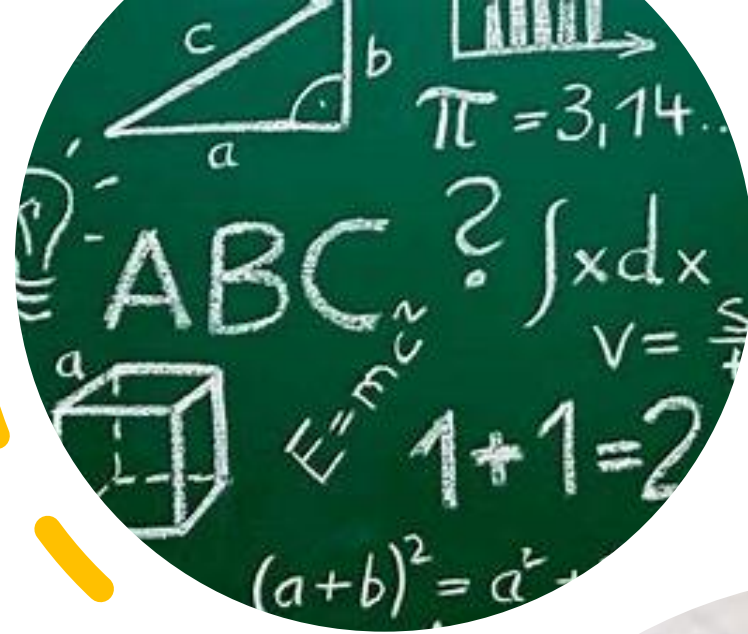
# Science

- KS4 students all have access to Seneca and their classes teams channel where they can access the links to weekly Seneca assignments.
- Y11 also have knowledge organiser and retriever books which they can use to consolidate class learning, the relevant pages are also detailed on the teams channel each week.
- To log onto Teams they need to use their school email and password. If any of them aren't sure they should come and see one of the science teachers.



# Maths

- Read the question twice
- Show your working for your answers
- For some questions, especially longer questions adding brief annotations to show what you have done at each step can be helpful
- Include units with your answers
- Look for words in bold type face, the information is being drawn to your attention for a reason
- Always try multiple choice questions
- Highlight / underline key words in questions
- Look at the number of marks available for each question. This will guide you to the amount of working you need to show and how long to spend on the question
- At the end check you have answered the question stated, e.g. can Tim afford to buy 10 pencils requires a yes / no
- For calculator based exam papers:
- Anything you type into the calculator should be written on the paper



# English

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- Read through Knowledge Organisers – over and over again
- Watch the film versions of the Literature texts
- Look at the study guides on [shmoop.com](http://shmoop.com)
- Take a copy of your latest creative writing piece and revise it
- Revise the layout of a formal letter – we know it will be in the exam





sky SPORTS NEWS



BREAKING  
NEWS



BBC  
NEWS



4

News

Watch the news and discuss

PSHE/RE



SKY  
NEWS

# Health and Social Care

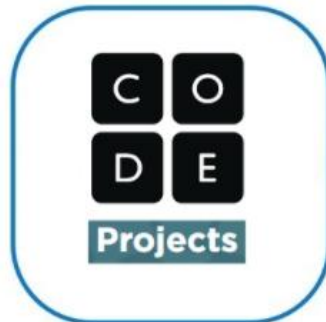
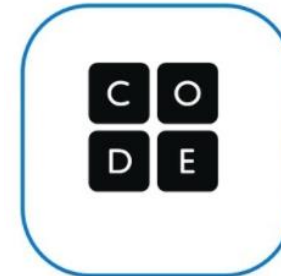
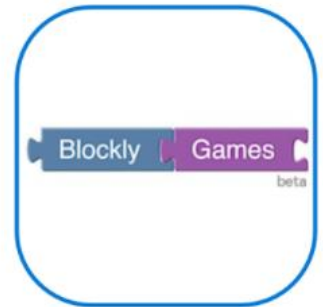
- Watch the recorded videos at home for any lessons missed
- Complete coursework at home



# Computing

Please find below a list of useful learning websites

- <https://www.codemonkey.com/hour-of-code/coding-adventure/>
- <https://www.j2e.com/j2code/>
- <https://codemoji.com/play/>
- <https://code.org/learn>
- <https://www.scriptacademy.net/hour-of-code>
- <https://blockly.games/>
- <https://www.codingame.com/start>
- <https://lightbot.com/>
- <https://www.piskelapp.com/>
- <https://www.thinkuknow.co.uk/>
- <https://studio.code.org/projects/public>
- <https://www.cia.gov/spy-kids/games>





<https://www.bbc.co.uk/bitesize/levels/z98jnp3>

