



# The Children's Hospital School

'Better Together'

## School's Offer of Early Help

### Student support:

Direct support for students in school.

Advice and signposting

Catering available for all students for free

Pastoral Team support in lessons

Nurture sessions

Therapeutic sessions

Protective Behaviours

Thrive approach

Art Therapy

Specialist Teacher Service

School Nurse

Careers support



### Whole family support:

Targeted support for children, young people and their families.

Advice and signposting

Family Group Support (monthly)

Family Support Drop In sessions

Educational Welfare Officer

Referrals to The Centre for Fun and Families

Referral to Leicester City Council's Early Help and Prevention Offer.



**Jayne Lister**  
Family Support Worker

**The Centre for Fun and Families.** They run several groups in the City and County. A family will have to be referred by the Family GP or CAMHS worker to access any of their groups. On the referral it must state: Early Intervention Service.

Each family will then be assessed on their individual needs and which group would suit them better. The groups include:

**Living with teenagers** – this is behaviour based; children are defiant and are having conflicts with their parents.

**Overcoming your anxiety** – 11-16 year olds, which runs alongside... **Supporting your anxious child** – group for parents

**Positive minds with teenagers** – parenting group for parents of children with mental health issues

**Workshops** – for both parents and children to attend together.