



# Children's Hospital School

## Summer School 2021

### Introduction

We delivered a summer school at our Beacon provision for 12 days from July 12<sup>th</sup> to August 23<sup>rd</sup> to support the wellbeing of young people at this CAMHS inpatient unit. The programme consisted of creative arts and other enrichment activities.

### Number of students

Year group	Place offered	Place taken up
9	5	5
10	2	1
11	5	4
12	3	3
13	2	1
<b>TOTAL</b>	<b>17</b>	<b>14</b>



### Programme

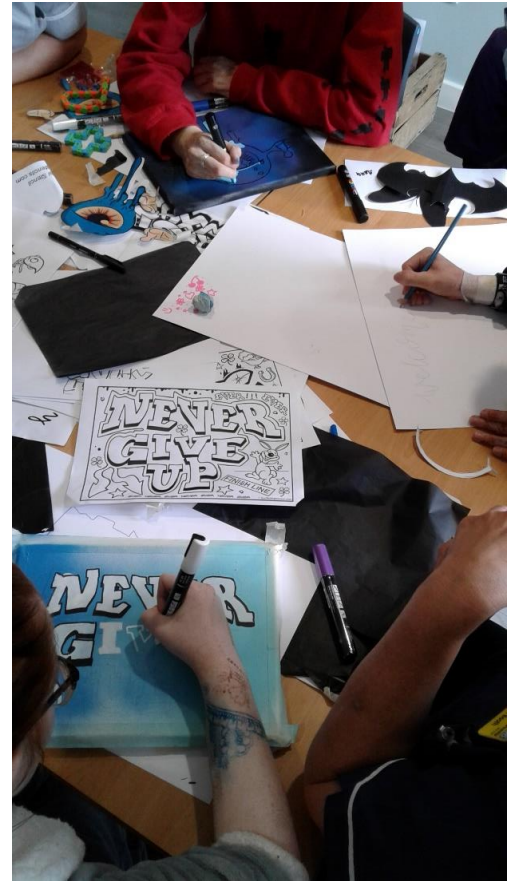
Day	Activity	What we did
1	Abstract painting	Individually designed and created abstract images using posca pens
2	Collage	Designed and created portraits using a range of materials including felt, wool, cotton buds, tissue paper, newspaper, magazines, tin foil and fabric
3	King Brass Band	Brass band workshop where students created a piece of music and performed it in the garden
4	Animal sculpture	Created animals using foam air drying clay – working as a team to make a modern zoo!
5	Print making	Students created their own print and rolled it onto wood
6	T-shirt printing	Designed and made their own t shirts
7	Repeating pattern print	Created own patterns to make wrapping paper. Also made their own scrap book designs and created the books themselves
8	Animal Fun	Opportunity to see and hold a range of animals, ask questions and were presented with fun facts. Animals included skunks, snakes, owls and tarantulas
9	Silk painting	Designed and made pictures to hang in wooden frames
10	Graffiti art	Made graffiti art by using spray paints on canvas
11	Stained glass	Designed, painted and decorated their own stained glass
12	Watercolour painting	Used watercolour paper and paints creating paradise beach scenes

## Impact

Students were all engaged in the sessions and were happy to leave the ward to participate in each activity. During the summer holidays the young people on the ward do not have school so providing them with the opportunity to take part in these arts & enrichment sessions was well received. All students remained for the duration of the activities. Students had the opportunity to try new techniques, use new resources and create various products for them to keep and take away.

Clinicians commented that summer school was a huge success as it added more structure to the young peoples' day. Ward rounds indicated that students enjoyed summer school during their time at The Beacon. Students enjoyed the opportunity to try new experiences. The nursing staff had the opportunity to see the young people in a different environment facing unknown challenges. With the animals, students challenged themselves to hold them and staff also joined in.

The programme supported the wider aim of the clinical team to improve the mental health & wellbeing of young people admitted to the ward so that they are able to be reintegrated back into school, college or employment once discharged.



## Student voice



"You would never normally get to touch a baby skunk! The zoo came to us"

"Spray painting was so much fun. It was good to get off the ward"

"We had a summer festival in the garden with a real band! The saxophone man was really funny"

"It would have been nice to have more sessions"

## Costs

Expenditure	Amount
Arts – staffing & resources	£3800
Animal experience	£175
School support staff	£422
<b>Total</b>	<b>£4397</b>

