



# Children's Hospital School

'Better Together'

Headteacher: Mr. S. Deadman  
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4<sup>th</sup> November 2021

Dear Parents/ Carers

## Re: PSHE Lesson Information

We are writing to inform you that Relationships and Sexual Health Education is taking place as part of the 'Personal Development' curriculum. This is part of the PSHE curriculum we are delivering at Willow Bank School and due to the sensitive nature of the topic, we wanted to inform you of what will be taught.

The key focus is surrounding healthy relationships and understanding the process of human development with regards to attitudes, understanding, and the values upheld in mature and meaningful relationships. Whilst there is emphasis on relationships, the sexual health education is vitally important for our students to help understand and develop knowledge in what can be a very confusing and difficult time. All topics will be taught sensitively and in an age-appropriate manner.

We believe that Relationship and Sex Education is a key part of our student's development and transition into adulthood. We are following the PSHE Association curriculum, which you will find a link to on our school website. Our main teaching aims throughout this topic are:

- Puberty, sexual health and fertility
- Positive relationships
- Relationship values
- Forming and maintaining respectful relationships
- Consent
- Contraception and parenthood
- Bullying, abuse and discrimination
- Social influences



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If you require more information or have any questions about any of these topics, please feel free to contact the school. You will find our Relationships and Sex Education Policy on our website along with the PSHE curriculum we will be following. Alternatively, you can find the curriculum guide at [www.psheassociation.org.uk](http://www.psheassociation.org.uk). There is also information on our website regarding the right to withdraw and how this affects the students.

Yours sincerely,



**Nikki Igoe**  
**Health and Social Care Teacher**



**James Stafford**  
**Assistant Head Teacher and Designated**  
**Safeguarding Lead**