### Careers Advice

Careers advice is available from Connexions if you live in Leicester City, or Prospects if you live in the County. Both offer advice and guidance on finding a job, training courses or apprenticeship in Leicester.

If you live in Leicester City you can dropin to the Connexions Centre at 2 Wellington Street Monday to Friday 9am to 4pm or call 0116 454 1770 for an appointment. If you live in the County, Prospects will offer you an appointment if you call 01455 632719.

www.leicesteremploymenthub.co.uk/jobseekers/services-for-16-24-vear-olds

## What if you start at College and need help?

If you need help once you have started college, Lynne Beet and Hospital School staff will always find time to help. Call the area of school that you attended:

### Willow Bank School:

0116 2298137 **Ward 3:** 01530 467468 **LRI:** 0116 2585330

or you can email us:

Before You Start College



#### REMEMBER:

- Everyone is a little bit worried when they start somewhere new it isn't just you.
- Teachers aren't going to do everything for you now, the work is your responsibility.
- Make sure you get a planner to help you stay organised.
- Review your notes from your lessons to commit them to memory.
- Use your free periods & break times to catch up on work or complete assignments.
- Think about bringing a packed lunch as food queues are long and it can be expensive to buy everyday.
- Things will build up very quickly; get tasks and essays done as soon as you can, particularly in your second year.
- Plan your bus routes and practice them before your first day.
- You are expected to do work at home in your own time too.
- College must come first, no matter how much money you are getting from your part time job.
- Lastly, enjoy your experience college is exciting!

# Children's Hospital School



When finish my GCSE's

- what are my options?

**Information Booklet for Students** 

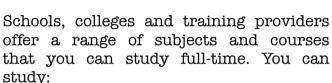


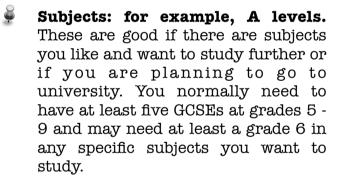
### Study Full-Time

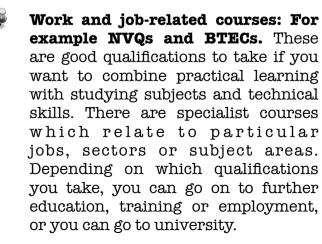
## Apprenticeships & Traineeships

## Work or Volunteer while studying part-time



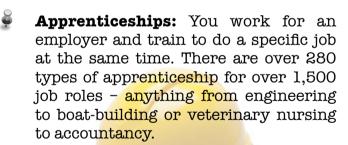








You can also choose to train while you work by taking on an apprenticeship, traineeship or supported internship.



Traineeship: Gets you ready for work or for doing an apprenticeship. They last from six weeks to six months and provide essential work preparation training, literacy and numeracy skills and work experience to get an apprenticeship or other job.



You can combine training or studying for a qualification and work at the same time.

Work/Volunteer: It doesn't have to be a paid job; you can volunteer on a project or with a charity or get a work-experience placement in a career or job area that interests you.

**Part-Time Study:** Colleges and training providers offer a wide range of training courses that are part-time, including A levels and work-related qualifications, like BTECs or NVQs.

Speak to the school, college or training provider to find out more.