











How many of these acronyms do you know?



- ASL-
- CD9 OR Code 9 -
- GNOC -
- KPC -
- IRL -
- MIRL -
- LMIRL -
- IWSN -
- MOOS -
- P911/P999
- PAW -
- POS/MOS -
- RU/18 -
- WYRN -
- Zerg -
- 420 -

How many of these acronyms do you know?

- ASL age, sex, location (could mean your child is using an anonymous chat room)
- CD9 Code 9 (meaning parents are around)
- GNOC get naked on camera
- KPC keep parents clueless
- IRL in real life. See also:
- MIRL meeting in real life
- LMIRL let's meet in real life
- IWSN I want sex now
- MOOS member of the opposite sex
- P911/P999 parent alert
- PAW parents are watching
- POS/MOS parents over shoulder/mum over shoulder
- RU/18 are you over 18?
- WYRN what's your real name?
- Zerg to gang up on someone
- 420 marijuana

E-safety Workshop



- What is E-safety?
- Resources available
- E-safety <u>in</u> school
- E-safety <u>outside</u> of school
- What you can do

Resources



 Highly recommended: LGFL E-Safety section https://www.lgfl.net/online-safety/

Kayleigh Haywood Video



What is E-safety?

Safe practice in regard to anything digital

The big divide



What parents are concerned about Vs what children are concerned about

- How parents use technology Vs how children use it
- Parents' wisdom Vs Children's proficiency









The benefits of digital usage in the home

- Enormous, free access to materials
- Engagement
- Support for homelearning
- The ability to communicate widely
- Develops key skills

Cyberbullying



- Technology didn't give rise to bullying.
- Bullying is, unfortunately, made easier, more widespread and more pervasive by technology.
- Be vigilant of children's mood changes.
- Follow up any disclosures.
- If they are being bullied, support them. Follow it up. Keep the evidence. Contact staff for help.
- Contact the website owner or phone company if necessary. Get advice from an organisation such as BullyingUK or Childline.

Grooming



- Grooming is when someone builds an emotional connection to gain trust for the purposes of sexual abuse or extremist exploitation. Groomers may be other young people who are just a few years older.
- Young people may do things because they are simply exploring their understanding of the world or because they feel under pressure, bullied or think everyone does it.
- When your child is old enough, talk to them about appropriate loving, caring, respectful relationships and sex. Get advice from an organisation such as NSPCC or Thinkuknow.



Gaming



PS4
SingStar™ Ultimate Party



Until Dawn



PS4 Grand Theft Auto V



DeathSpank



Rock Band 3

SimCity™



PS4
Defense Grid 2



EA SPORTS NHL 15

Pornography



- It can be surprisingly easy for young people to access inappropriate material, mostly accidentally.
- Trust is key. It is most important that your child feels able to tell you if they find anything inappropriate, do something 'wrong', or they get inappropriate or unwanted attention from someone.
- If something happens, don't over-react. Children experiment and make mistakes. Stay calm.

Key signs to look out for:



Is your child...

- Using or talking about technology excessively.
- Tired due to late-night usage.
- Being secretive about what they are doing.
- Behaving very differently in what they wear, their attitudes or friends.

Key signs to look out for:



Is your child...

- Using adult language or references
- Acting out violent or sexual behaviours
- Receiving gifts or money from unknown sources.

Some of these signs may be perfectly innocent, but remember to always talk to your child about concerns.

Be open, approachable and supportive.

Danger signs your child should know about

Beware if someone:

- Tries to find out your address or phone number or where you hang out.
- Wants to keep their chats with you secret.
- Shares information, pictures or videos with you and tells you not to tell anyone else about it.
- Sends you pictures or videos which make you feel uncomfortable and you are worried about showing them to anyone else.
- Asks you to send them pictures or videos of yourself or asks you to use a webcam in a way which makes you feel uncomfortable or worried.
- Pays you lots of compliments and offers or gives you gifts.
- Tells you that you will get into trouble if you tell an adult



Tips for parents

Take age-appropriate precautions

With young children:

- Use technology in a shared family room.
- Find and make child-friendly sites *favourites* or *bookmarks* for them to use.
- Use child friendly search engines such as:

www.kidrex.org/

www.safesearchkids.com

www.swiggle.org.uk

Tips for parents



- Check the age rating of the games your child plays.
 There is help from organisations such as Common Sense Media.
- Get advice about age-appropriate links and content.
- When out and about in public places, look out for the filtered Friendly WiFi

Friendly WiFi

Exposure in the home

- Bear in mind what older siblings or friends might be showing their younger brother or sister.
- Be aware of your own behaviour, as children copy their parents.
- Agree some rules as a whole family. There are help guides from organisations such as ConnectSafely and BBC webwise.



Technical Protective Measures

These can never provide a complete defence. Filtering and restrictions

- ISP-based
- Browser-based filtering and restrictions
- Device-based

Key Messages



- Technology is an invaluable tool
- The risk is relatively low
- Preventative measures have a limited effect
- Empowering the child to protect themselves is of highest importance
- Openness is key